



Hej kära medlemmar:

Här skickar vi information om European Masters Games 2008.

Tävlingen kan vara intressant för era medlemmar, eftersom det är för deltagare äldre än 35 och ALLA får medalj!!!Precis som de säger - passion qualifies!.

Det är hög tid för att anmäla sig. Vem vill vänta fyra år till?

Med vänliga hälsningar

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## **EUROPEAN MASTERS GAMES in Malmö.**

The KARATE competition is August 30 – August 31 2008.

**August 29–September 7, 2008 the Swedish city of Malmö is hosting the 1st European Masters Games.**

**A multi-sports masters event open for veteran athletes at all levels.**

During the late Swedish summer 2008 Malmö is the proud host for the first European Masters Games. Athletes, older than 30 years , from all over Europe meet and take part in competition where commitment, passion and joy is just as important as results.

An estimate of 10 000 men and women are expected to take part in one (or more) of the 25 different sports organized during 2008. An Olympic-like event of this magnitude will offers also a wide range of entertainment, events and meeting places, giving you the opportunity to meet people, sharing your interest, from all over Europe.

The first European Master Games championships in **karate** for men and women age 35+ will have 7 categories for men, 35 YEARS – 65+, and 4 for women, 35 – 60+, in kumite and kata. It will take place between August 30 – August 31 2008 .

It is the first time karate takes part of a championship of this character. It is expected to attract 500 competitors only in karate and with some of them reaching their seventies!

### **Requirements:**

The term 'master' is an age designation and does not denote a level of sports proficiency or a particular sports achievement. The European Masters Games, which will take place every four years, are open to everyone. Participants compete as individuals and not in national teams. There are no qualification or selection criteria to compete in the European Masters Games. The only entry requirement is that competitors satisfy the minimum age for competition specified in the technical rules of the respective international sports federations. The only prerequisite is being a **European citizen and** (in most sports) **35 years of age or more** when entering the competitions.

The Games benefit from the patronage of the International Masters Games Association (IMGA), which is recognised by the International Olympic Committee, and which through the European Masters Sports Association embody the Olympic ideal that sport is a human right for people of all ages regardless of race,

social class, gender and economic circumstance.

You can go to [www.emg2008.com](http://www.emg2008.com) for more information.